

# 移工遭遇限制自由

雇主要求我休假時只能待在家中休息，不允許出門，也要經過允許才能和家人朋友通話，這樣合法嗎？



## 不合法!

雇主或任何人均不可以非法方式剝奪移工行動自由，若您遭遇以下狀況

- 限制移工放假或外出
- 於個人休息時間，限制移工個人通訊自由或沒收手機



可撥打1955專線或透過真人文字客服諮詢及求助



# Restricting the freedom of foreign workers

My employer told me I have to remain in my residence, cannot go out during time off and must get permission to call family or friends. Is that legal?



**It is illegal!**

Employers or other parties cannot use illegal methods to strip foreign workers of their freedom of movement, including the following situations:

- Restrict a foreign worker's leave time or right to go out
- Restrict a foreign worker's ability to communicate with others or confiscate their cellphone when they are not working



Call the **1955 Hotline** or use the **person to person text service** to seek advice and assistance



# Pembatasan Kebebasan Pekerja Migran



Apakah legal jika majikan meminta saya untuk hanya beristirahat di rumah saat libur, tidak memperbolehkan saya keluar, dan harus mendapatkan izin terlebih dahulu untuk berkomunikasi dengan keluarga dan teman?

## Tidak Legal!

Majikan atau siapa pun tidak diperkenankan membatasi kebebasan bergerak pekerja migran secara ilegal. Jika Anda mengalami kondisi berikut:

- Membatasi pekerja migran untuk berlibur atau keluar.
- Membatasi kebebasan komunikasi pribadi pekerja migran atau penyitaan ponsel selama waktu istirahat pribadi.



Dapat menghubungi Saluran Khusus 1955 atau melalui layanan Live Chat dengan petugas untuk konsultasi dan meminta bantuan.



# Người lao động nhập cư bị hạn chế quyền tự do

Khi tôi nghỉ phép, chủ thuê yêu cầu tôi ở nhà nghỉ ngơi, không được đi ra ngoài, tôi cũng cần phải được phép mới có thể nói chuyện với người thân và bạn bè. Điều này có hợp pháp không?



## Không hợp pháp.

Người sử dụng lao động hoặc bất kỳ ai khác, đều không được dùng phương pháp bất hợp pháp để tước quyền tự do đi lại của người lao động nhập cư. Nếu bạn gặp phải những tình huống sau:

- Hạn chế người lao động nghỉ phép hoặc đi ra ngoài.
- Hạn chế quyền tự do liên lạc cá nhân hoặc tịch thu điện thoại di động của người lao động trong giờ nghỉ của họ.



Bạn có thể gọi đến **đường dây nóng 1955** hoặc tìm sự hỗ trợ thông qua **dịch vụ chăm sóc khách hàng trực tuyến.**



# แรงงานต่างชาติถูกจำกัดเสรีภาพ

ช่วงวันหยุดนายจ้างสั่งให้ฉันพักผ่อนอยู่ในบ้าน ไม่อนุญาตให้ออกจากบ้าน จะโทรหาครอบครัวหรือเพื่อนก็ต้องได้รับอนุญาตก่อน แบบนี้ถือว่าถูกต้องตามกฎหมายหรือไม่?



## ผิดกฎหมาย!

นายจ้างหรือบุคคลใดก็ตามไม่สามารถใช้วิธีที่ผิดกฎหมายมาลิดรอนเสรีภาพของแรงงานต่างชาติได้ หากท่านประสบกับสภาพการณ์ดังต่อไปนี้

- ห้ามแรงงานต่างชาติหยุดพักหรือออกไปข้างนอก
- ช่วงเวลาพักผ่อน จำกัดเสรีภาพในการใช้อุปกรณ์สื่อสารส่วนตัว หรือยึดมือถือของแรงงานต่างชาติ



สามารถโทรปรึกษาและขอความช่วยเหลือจาก  
สายด่วน1955หรือบริการตอบปัญหาผ่านข้อความไลน์

